

Collective Narrative Practice: Sharing Photos to tell a story about what is important to us

1. Share a recent photo (for example, one of the last 5 photos on your phone)
2. Share the story of this photo – rich description!!
 - a. When was it taken
 - b. Who was there
 - c. Where were you
 - d. How/What were you feeling/thinking at this time
 - e. Why did you take this photo?
3. Why did you choose to share this photo?
 - a. What do you like about it?
 - b. What pleases you to look at this photo and to share it?
4. Values
 - a. Does this connect with something of importance to you in your life?
 - b. Does this connect to something of importance to you in your work?
 - c. What is the history of this value...?
5. Connections
 - a. Who else might know about the importance of this value
 - b. Who might be least surprised to know of it's importance to you?
 - c. If we could look at you through that person's eyes what do you imagine they would appreciate about you? Why do you say this?
6. Into the present and the possible
 - a. If you continue to see this version of you, and make it more significant in your life, how might it help when faced with challenges (personal or professional)?
 - b. How might this conversation contribute to further developments in your practice?
 - c. How will you stay connected to this value (despite the current context/ challenge of Covid-19)
 - d. What other photos might you be looking to take? Why?

Outsider Witness Practice:

- a. What stood out for you? Choose specific words
- b. What Image did this bring to mind?
- c. Why has this resonated for you?
- d. Where has this taken you to – what might you be more connected to now?

Checking for further connections

Check back with the person sharing their photo – what has it been like for them to hear the OWP, what has it been like to take part, what might this make more possible/more possible to know?